



The Down Syndrome Association of Connecticut invites your organization to participate in Dress Down for Down syndrome Day

Help us raise awareness about Down Syndrome in Connecticut schools, businesses, and organizations while raising much-needed funds to support our programs. Participants wear casual clothes and are encouraged to donate \$5 for this “privilege.” While you can hold your event anytime, we recommend holding it during October since it is National Down Syndrome Awareness Month or on March 21st, which is always World Down Syndrome Day! (the date 3/21 represents having three copies, instead of two, of the 21st chromosome)

What does the Down Syndrome Association of Connecticut do?

We provide programs, grants, and services to improve the quality of life for individuals with Down syndrome and their families. Serving the nearly 3,000 families caring for a loved one with Down syndrome in Connecticut, DS ACT also provides resources and up-to-date information to parents, educators, and medical professionals.

...about our Literacy & Education Center

“I honestly feel like I have one of the state’s best tutors helping my daughter learn decoding. She has learned so much in the last few months that even her school is impressed.”

~ Mother of 8-year-old with Down syndrome

What will the money be used for?

The money raised by this event will stay in Connecticut, providing resources, grants & programming to nearly 3.000 families that

support a loved one with Down syndrome. Additional information about our programs and volunteer opportunities can be found on our website www.mydsact.org.

...about our New & Expectant Parent First Call Support Program

“That first call to the Down Syndrome Association of Connecticut made all the difference in the world. We realized that we were not alone & our baby would be just like any other and need all our support and love when he was born. The comfort of knowing that with everything that would come in the future that we needed to know, question, or worry about, we would have a partner & community to share and the families and team of DS ACT to help us.”

~ Expectant Parent

How to administer your organization's Dress Down Day

The Down Syndrome Association of Connecticut will support your organization by providing colorful posters as pdfs for your organization to print.

Any funds collected can be mailed to the Down Syndrome Association of Connecticut office at 66 S. Broad St., Unit 1082, Pawcatuck, CT 06379. Checks should be made payable to the Down Syndrome Association of Connecticut.

...about our Step Up for Down Syndrome Walk, an event that brings together more than 1,500 people to celebrate and learn about Down syndrome

"As soon as we stepped into the stadium, his grandmother just started crying because she was so overcome by the number of people there and the commitment of so many people from all over to our children!"

~ Mother of a four-month-old with Down syndrome

Please send a quick email. We'd love to hear from you if you plan to dress down for Down Syndrome!

Thank you for helping our families and communities celebrate life with Down syndrome.

Yours sincerely,

Shanon McCormick

Executive Director

DS ACT

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